

Fayre & Square Autumn Winter 2017 Golden Years Menu Allergen Report

We prepare our food in kitchens with products containing gluten and nuts as well as other allergens. The allergy data detailed in the table below has been derived from supplier specifications on the allergenic ingredients that have intentionally been added to the final food product. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen due to the risk of cross contamination risk in production, supply and preparation. If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware of these.

** Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats

Interpreting the Data

YES Vegan / Vegetarian	YES in the column indicates that the information that has been supplied to us indicates the product is suitable for Vegan/Vegetarian
NO Vegan / Vegetarian	NO in the column indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/Vegetarian
NO	Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed, due to cross contamination risks in production, supply and preparation
NO*	Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded products there is an increased cross contamination risk
YES	Indicates that the product CONTAINS that allergen and is a listed ingredient by the supplier
Modifier Allergen Outcome	Some dishes have multiple options available when ordering. The allergen outcomes for each option is listed below the dish. Please bear this in mind when ordering and add the allergen outcome for each choice to your overall meal.

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Fayre and Square - AW17 Golden Years	Starters	Chicken Liver Pâté	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	Yes	No
Fayre and Square - AW17 Golden Years	Starters	Garlic Breaded Mushrooms v	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Fayre and Square - AW17 Golden Years	Starters	Roasted Tomato & Thyme Soup v	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	Yes	No	No	No	No	Yes	No	No	No	Yes	No
Fayre and Square - AW17 Golden Years	Mains	Pork Sausages & Mash	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	Yes	No	No	No	Yes	Yes
Fayre and Square - AW17 Golden Years	Mains	Quorn Sausages & Mash v	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Fayre and Square - AW17 Golden Years	Mains	Macaroni Cheese v	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Fayre and Square - AW17 Golden Years	Mains	Breaded Scampi † - Please select your pea choice listed below	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	Yes	Yes	No	No	No	No	Yes	No	No	No
Fayre and Square - AW17 Golden Years	Mains	Mushy Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Fayre and Square - AW17 Golden Years	Mains	Garden Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Fayre and Square - AW17 Golden Years	Mains	5oz Gammon - Please select your side choice listed below	Total Allergen Outcome	No	No	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Fayre and Square - AW17 Golden Years	Mains	Free Range Fried Egg		No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Fayre and Square - AW17 Golden Years	Mains	Pineapple Slices		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Fayre and Square - AW17 Golden Years	Mains	Sunday Roast Beef	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Fayre and Square - AW17 Golden Years	Desserts	Ice Cream v - Please select your ice cream flavour choice listed below	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Fayre and Square - AW17 Golden Years	Desserts	Ice Cream - Vanilla		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Fayre and Square - AW17 Golden Years	Desserts	Ice Cream - Chocolate		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Fayre and Square - AW17 Golden Years	Desserts	Apple Crumble v - Please select your side choice listed below	Total Allergen Outcome	Yes	Yes	Yes (No-gluten Oats)	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Fayre and Square - AW17 Golden Years	Desserts	Custard		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Fayre and Square - AW17 Golden Years	Desserts	Ice Cream - Vanilla		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Fayre and Square - AW17 Golden Years	Desserts	Chocolate Brownie v	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley, Oat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No